

Massage Intake Form

Personal Information

Name _____ Phone (day) _____ (evening) _____
Address _____ City/State/Zip _____ DOB _____
Occupation _____ Employer _____
Email _____ Primary Physician _____
Emergency Contact _____ Relationship _____ Phone _____
How did you hear about us? _____

Medical Information

Are you taking any medications? yes no
If yes, please list name and use: _____

Are you currently pregnant? yes no
If yes, how far along? _____
Any high risk factors? _____
Do you suffer from chronic pain? yes no
If yes, please explain _____
What makes it better? _____

What makes it worse? _____

Have you had any orthopedic injuries? yes no
If yes, please list: _____

Please indicate any of the following that apply to you.

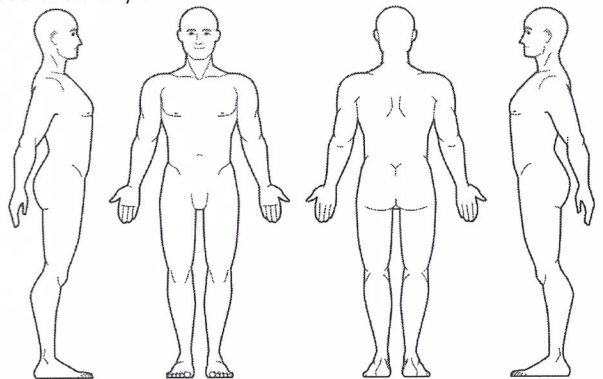
- | | |
|--|---|
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Fibromyalgia |
| <input type="checkbox"/> Headaches/Migraines | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Heart Attack |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Kidney Dysfunction |
| <input type="checkbox"/> Joint Replacement(s) | <input type="checkbox"/> Blood Clots |
| <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Numbness |
| <input type="checkbox"/> Neuropathy | <input type="checkbox"/> Sprains or Strains |

Explain any conditions you have marked above:

Massage Information

Have you had a professional massage before? yes no
What type of massage are you seeking?
 Relaxation Therapeutic/Deep Tissue
Other _____
What pressure do you prefer?
 Light Medium Deep
Do you have any allergies or sensitivities? yes no
Please explain _____
Are there any areas (feet, face, abdomen, etc.) you do not want massaged? yes no
Please explain _____
What are your goals for this treatment session?

Please circle any areas of discomfort



By signing below, you agree to the following.
I have completed this form to the best of my ability and knowledge
and agree to inform my therapist if any of the above information
changes at any time.

Client Signature _____ Date _____

Therapist Signature _____ Date _____

General Liability Release Form

By signing below, you agree to the following:

- 1) I give my permission to receive massage therapy
- 2) I understand that therapeutic massage is not a substitute for traditional medical treatment or medications.
- 3) I understand that the massage therapist does not diagnose illnesses or injuries, or prescribe medications.
- 4) I have clearance from my physician to receive massage therapy.
- 5) I understand the risks associated with massage therapy include, but are not limited to:
 - Superficial bruising
 - Short-term muscle soreness
 - Exacerbation of undiscovered injury

I therefore release the company and the individual massage therapist from all liability concerning these injuries that may occur during the massage session.

6) I understand the importance of informing my massage therapist of all medical conditions and medications I am taking, and to let the massage therapist know about any changes to these. I understand that there may be additional risks based on my physical condition.

7) I understand that it is my responsibility to inform my massage therapist of any discomfort I may feel during the massage session so he/she may adjust accordingly.

8) I understand that I or the massage therapist may terminate the session at any time.

9) I have been given a chance to ask questions about the massage therapy session and my questions have been answered.

10) Draping will be used during this session.

11) Private areas including, but not limited to breast tissue will not be massaged.

Signature

Date